



Registration Form

NATIVE YOUTH FITNESS LEADER CERTIFICATION

April 27th-30th, 2026 – Isleta, NM
(Albuquerque Area)

Sponsored by: Pueblo of Isleta



Registration & Payment

Native Youth Fitness Leader Enrollment Fee **\$995.00**

Register with a credit card or ACH bank account info online
<https://nativeamericanfitnesscouncil.com/events/>

NAFC Native Youth Fitness Leader Course Description

This course prepares adults to work with Native American youth to help them live healthy active lives. Management techniques to effectively instruct groups of children are presented. Physical activities are taught hands on that include structured active play, foundational fitness exercises, athletic drills & traditional Native games. Leadership skills are developed to help participants effectively motivate children & adolescents in Native communities.

Continuing Education Credits: 27 hours

Eligibility to Participate: 18 years of age or older, CPR/AED recommended (not required)

Certification Renewal: The Native Youth Fitness Leader Certification is a specialty certification of the Native American Fitness Council & does not need renewal. Continuing education is encouraged.

Native American Fitness Council

phone **928 774 3048**

email info@nativeamericanfitnesscouncil.com website www.nativeamericanfitnesscouncil.com



Agenda
Native Youth Fitness Leader Certification
April 27th-30th, 2026 – Isleta, NM (Albuquerque Area)

Day 1

- 8:00 - 8:15 Registration
- 8:15 - 8:45 Introduction to Native Youth Fitness Leader
- 8:45 - 10:00 Qualities of a Great Youth Fitness Leader
- 10:00 - 10:15 Break
- 10:15 - 12:00 Teaching Group Activities Effectively - Teaching & Communicating
- 12:00 - 1:00 Lunch
- 1:00 - 2:45 Tag Games
- 2:45 - 3:00 Break
- 3:00 - 4:15 Teaching Group Activities Effectively - Managing the Class
- 4:15 - 4:30 Questions & Answers

Day 2

- 8:00 - 8:45 Group Introductions
- 8:45 - 10:00 Coaching & Communication
- 10:00 - 10:15 Break
- 10:15 - 12:00 Body Awareness Movements
- 12:00 - 1:00 Lunch
- 1:00 - 2:45 Running & Movement Drills
- 2:45 - 3:00 Break
- 3:00 - 4:15 Traditional Native Racing Contests
- 4:15 - 4:30 Questions & Answers

Day 3

- 8:00 - 8:45 Icebreakers
- 8:45 - 10:00 Youth Goal Setting
- 10:00 - 10:15 Break
- 10:15 - 12:00 Creative Activity for Young Children
- 12:00 - 1:00 Lunch
- 1:00 - 2:45 Strength Training with Bodyweight
- 2:45 - 3:00 Break
- 3:00 - 4:15 Traditional Native Games – Stick & Ball
- 4:15 - 4:30 Questions & Answers

Day 4

- 8:00 - 8:45 Dynamic Warmup for Youth
- 8:45 - 10:00 Motivating Youth
- 10:00 - 10:15 Break
- 10:15 - 12:00 Moving to Music
- 12:00 - 1:00 Lunch
- 1:00 - 2:45 Strength Training with Bands
- 2:45 - 3:00 Break
- 3:00 - 4:15 Traditional Native Games – Eskimo Olympics
- 4:15 - 4:30 Awarding of Certificates

Topic/Times Subject to Change



Travel Information
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Participants must attend the complete event to receive certification so plan flights & travel accordingly!

Training Site

Isleta Recreation Center
61 Tribal Road 40, Isleta, NM 87022
Telephone 505-869-9777

Hotel

The Isleta Resort & Casino is closest to the event site & there are more hotels near the airport. There are multiple ground transportation options to the training site.

Local Airport

Albuquerque International Sunport – Albuquerque, NM
There are many ground transportation options from the airport to the local hotels & training site.

Meals on Your Own

Morning refreshments will be provided. Lunch will be on your own with local dining options.

Hands On Learning

NAFC teaches through hands on exercise. The movements are fun and many are non-strenuous. Plan to participate at your own comfort & safety level as approved by your physician. Wear appropriate workout clothing (jacket for outdoors) & gym shoes.



Native American Fitness Council Information for Accounts Payable Departments

Payment

Pay Online at <https://nativeamericanfitnesscouncil.com/events/> by entering credit card information (Visa or Mastercard) or ACH Bank information.

We do not accept Purchase Orders!

If Needing an Invoice

Email us with the invoice request and complete information you require. Please include Name of Organization, Names of Attendees, Training Attending & Total Payment Amount.

Financial Information

Native American Fitness Council 501C3 Nonprofit
EIN 84-4187667

Form W-9 (Rev. October 2018) Department of the Treasury Internal Revenue Service	Request for Taxpayer Identification Number and Certification ▶ Go to www.irs.gov/FormW9 for instructions and the latest information.	Give Form to the requester. Do not send to the IRS.																		
1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank. Native American Fitness Council																				
2 Business name/disregarded entity name, if different from above																				
Print or type. See Specific Instructions on page 3.	3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.																			
	<input type="checkbox"/> Individual/sole proprietor or single-member LLC <input type="checkbox"/> C Corporation <input type="checkbox"/> S Corporation <input type="checkbox"/> Partnership <input type="checkbox"/> Trust/estate																			
	<input type="checkbox"/> Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ▶ _____ <small>Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.</small>																			
<input checked="" type="checkbox"/> Other (see instructions) ▶ Nonprofit Exempt		4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3): Exempt payee code (if any) _____ Exemption from FATCA reporting code (if any) _____ <small>(Applies to accounts maintained outside the U.S.)</small>																		
5 Address (number, street, and apt. or suite no.) See instructions. P.O. Box 4468		Requester's name and address (optional)																		
6 City, state, and ZIP code Durango, CO 81302																				
7 List account number(s) here (optional)																				
Part I Taxpayer Identification Number (TIN) Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see <i>How to get a TIN</i> , later. <small>Note: If the account is in more than one name, see the instructions for line 1. Also see <i>What Name and Number To Give the Requester</i> for guidelines on whose number to enter.</small>																				
		Social security number <table border="1" style="width: 100%; text-align: center;"> <tr><td> </td><td> </td><td> </td><td>-</td><td> </td><td> </td><td> </td><td> </td></tr> </table> OR Employer identification number <table border="1" style="width: 100%; text-align: center;"> <tr><td>8</td><td>4</td><td>-</td><td>4</td><td>1</td><td>8</td><td>7</td><td>6</td><td>6</td><td>7</td></tr> </table>				-					8	4	-	4	1	8	7	6	6	7
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Part II Certification Under penalties of perjury, I certify that:																				
1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and 2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and 3. I am a U.S. citizen or other U.S. person (defined below); and 4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.																				
<small>Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.</small>																				
Sign Here	Signature of U.S. person ▶ <i>JL A. Blinn</i>	Date ▶ 1/1/2026																		